A Day of Learning
(...and Fun!)

Celebrating Creativity in Elder Care
Saturday, October 25th, 9am to 4pm

Public noticing:

The New Mexico History Museum joins the Alzheimer’s Poetry Project to share techniques for reaching people with memory illnesses through literature, performance and visual art and museum exhibits on Saturday, October 25, 9am to 4pm, New Mexico History Museum, 113 Lincoln Avenue Santa Fe, NM 87501. Registration fee of $35 includes light breakfast and lunch. Continuing Education Units will be available.

To register or for more information call 505-577-2250 or go to: dementiaarts.com.

Workshops will be led by: Gary Glazner, Alzheimer’s Poetry Project; Alysha Shaw, LifesongsSM; Jane Tygesson, Discover Your Story; Ruth Dennis, Vista Living; and Jytte Lokvig, Alzheimer’s Café. Poet Stuart Hall will be the featured guest artist.

Partnering Organizations: Alzheimer’s Association, New Mexico Chapter; Alzheimer’s Café; Alzheimer’s Poetry Project; Discover Your Story, IAIA MFA Creative Writing Program; Institute of Dementia Education & Art; Life Songs; New Mexico Literary Arts; Southwestern College, and Vista Living Communities. The conference is in support of the New Mexico Alzheimer’s and Related Dementia State Plan, with the endorsement of: the office of Governor Susana Martinez New Mexico Aging and Long-Term Services Department and the New Mexico Department of Cultural Affairs.

Partially funded by the City of Santa Fe Arts Commission; Santa Fe Community Foundation; McCune Foundation; National Endowment for the Arts; New Mexico Arts and the Poetry Foundation.

www.dementiaarts.com
DEMENTIA ARTS CONFERENCE: Celebrating Creativity in Elder Care—A Day of Learning
Workshop Information

Workshops are:

- Engaging
- Experiential
- Participatory

Learn easy-to-implement ideas and methods to help you learn to bring creativity to the lives of older adults and to your own life. The day is structured so each participant will experience all the workshops.

**Alzheimer’s Poetry Project:**
In this workshop you will perform well-loved poems using “call and response” and create an original group poem.

**Discover Your Story:**
You will learn to use art to spark conversations, create stories, and build community. This workshop will take place in the museum galleries.

**Hands-on Art Making:**
Learn tried-and-true approaches to creating art in an accessible and collaborative environment.

**Lifesongs℠:**
This uplifting and fun workshop will focus on creating songs and music. While Lifesongs take place in hospice, these creative methods and techniques may be used in a wide range of settings.

**Alzheimer’s Poetry Project, Conference Co-Chair and Workshop Leader, Gary Glazner**
Gary Glazner is the founder and Executive Director of the Alzheimer’s Poetry Project, (APP). The APP was the recipient of the 2013 Rosalinde Gilbert Innovations in Alzheimer’s Disease Caregiving Legacy Award. The APP was awarded the 2012 MetLife Foundation Creativity and Aging in America Leadership Award in the category of Community Engagement. PBS News Hour, NBC’s “Today” show and NPR’s “All Things Considered” have featured segments on Glazner’s work. Harper Collins, W.W. Norton and Salon.com have published his work. In 2014 Health Professional Press published Glazner’s book, *Dementia Arts: Celebrating Creativity in Elder Care.*

**Hands-On Art Experience, Conference Co-Chair and Workshop Leader, Ruth Dennis**
Ruth Dennis has been Social Services Director at Sierra Vista Alzheimer’s Community for the past 15 years. Her role is to provide support and education for families facing all forms of dementia. She has also worked in mental health, the Arts and community education for more than 25 years. Dennis is a painter, gardener and most of all; the sister and caregiver to her brother Morgan, who has Down’s syndrome and is a wonderful artist and has a deep connection to animals, babies and science fiction. Sierra Vista Alzheimer’s Community is the first assisted living in the great state of New Mexico to be inducted into the Eden Alternative Registry.

Sierra Vista, joins Eden Alternative’s growing movement around the world. They hold close the values of culture change in their efforts to provide support, education, and comfort for elders, families and the greater community in the face of Alzheimer’s disease. Dennis holds a Master of Arts in Art Therapy, MA; Master of Fine Arts, Ceramics and Painting, MFA and is a Certified Dementia Practitioner.
Lifesongs℠, Workshop Leader, Alysha Shaw

Lifesongs℠ is an intergenerational arts project that promotes social inclusion and dignity for elders and people in hospice care. Central to the Lifesongs℠ process is the artist-facilitated creation of original musical works by people in nursing homes and hospice care. Lifesongs℠ engages youth and community members in the interactive creative process and hosts public events that increase awareness and engagement with the processes of aging and dying.

Before Lifesongs℠ we just existed. Now we are living. I feel like a role model.
~ Gladys, nursing home participant

Alysha Shaw is the Lifesongs℠ Program Coordinator. She coordinates the administrative aspects of the Lifesongs program, and helps facilitate the evolving artistic directions and growth of the program as directed by the Lifesongs leadership. Alysha is an interdisciplinary artist, musician, and community organizer. She has studied and worked with performance and music for the majority of her life, as well as video, interactive arts, sculpture, installation, and writing.

Hands-On Art Experience, Workshop Leader, Jytte Lokvig

Jytte Lokvig grew up in Copenhagen, Denmark. After coming to this country as a young adult, she attended Art Center, Los Angeles and earned her degrees at Antioch College/West, CSULA and CPU. Since 1994 Jytte Lokvig has worked with the elderly, especially those with Alzheimer’s disease and related dementia. She designs activity and quality-of-life programs, drawing on her background in educational psychology and her expertise in the arts, theater, and music. Lokvig lectures on effective caregiving.

Dr. Lokvig is the author of *Alzheimer’s A to Z, Secrets to Successful Caregiving, Alzheimer’s A to Z, A Quick Reference Guide* and *The Alzheimer’s Creativity Project*. She is the founder of the first Alzheimer’s Cafe in the US. Started in October, 2008, The Alzheimer’s Cafe in Santa Fe, NM, established the American model for Alzheimer’s and Memory Cafes, which offers a couple of hours of creativity, fun and socialization: a respite from the disease for everyone, people living with dementia along with caregivers, family, and friends.