WHEREAS, approximately 459,775 New Mexicans are 60 years of age or older; and

WHEREAS, by 2030, approximately 682,000 New Mexicans will be 60 years of age or older, which is more than 30 percent of New Mexico's population; and

WHEREAS, New Mexico's Aging and Long Term Services Department is committed to helping all New Mexicans live healthy, independent, high quality lives and to promote opportunities for older employment, volunteerism, exercise, social engagement, continual learning and nutrition; and

WHEREAS, older New Mexicans are sharing their wisdom and experience with future generations and improving their communities through working and volunteering, mentoring and learning, leading and engaging; and

WHEREAS, New Mexico acknowledges the importance of taking part in activities that promote physical, mental and emotional well-being regardless of age; and

WHEREAS, New Mexico recognizes that helping adults remain healthy and active is crucial to our success as a state; and

WHEREAS, New Mexico recognizes older adults and the people who support them for their significant contributions to our communities;

NOW THEREFORE, I, Michelle Lujan Grisham, Governor of the State of New Mexico, do hereby proclaim May, 2019 as:

"Older Americans Month"

throughout the State of New Mexico.

Attest: Maggie Toulouse Oliver
Secretary of State

Done at the Executive Office this 1st day of May, 2019.

Witness my hand and the Great Seal of the State of New Mexico.

Michelle Lujan Grisham
Governor