INNOVATIVE WAYS TO BRING HEALTH SCREENINGS TO SENIORS
WHO WE ARE

CITY OF ALBUQUERQUE/BERNALILLO COUNTY AREA AGENCY ON AGING

Designated by the State agency in 1984, the City of Albuquerque continues to serve as the Area Agency on Aging (AAA) responsible for fulfilling the requirements of the Older Americans Act for Bernalillo County (PSA 1).
WHAT IS AN AREA AGENCY ON AGING?

Established by the Older Americans Act

Approximately 620 AAAs across the nation

State sanctioned, federally mandated entity
WHAT WE DO

Provide a comprehensive array of services, all designed to promote the highest quality of life for our seniors in the least restrictive living environment.

Focus on helping older adults “age in place with dignity” in their homes and communities by providing a range of options that allow choice of the home and community-based services that suit them best.
WHAT WE DO

- assess the needs of seniors over the age of 60
- develop a comprehensive program plan (Area Plan) to maximize services provided
- engage, monitor providers to deliver services
- advocate for the needs and concerns of seniors
- seek public input to identify service needs
- contract with providers
- monitor service delivery compliance (Federal, State, City, AAA, etc.)
SERVICES

Congregate, Home-delivered meals
Transportation
Information and Assistance
Adult Day
Homemaker/Housekeeping
Home Repair and Retrofit, Chores
Legal Services
Physical Fitness, Recreation
Senior Hunger Initiative supplemental nutrition
Medication Management services

GEHM Clinic medical screenings
GERIATRIC EDUCATION & HEALTH MAINTENANCE (GEHM) CLINIC

Health screenings by registered nurses on faculty from the College of Nursing and their students.

Clinic services include physical exam assessments, diabetes and hypertension screening and education, medication management education.

Held in the community at senior centers, congregate meal sites and other locations throughout Bernalillo County.
GEHM CLINICS: WHO WE ARE

• Partnership between the UNM College of Nursing and CABQ/Bernalillo County Area Agency on Aging since 1994

• UNM Team:
  Jan Martin, DNP, RN, CCM, PAHM- PI/Program Director
  Pam Iwamoto, MSN, RN, CIC- Clinic Manager
  Jean Morsch, RN- Clinic RN
  Krista Salazar, Associate Professor-
    College of Pharmacy faculty
  Christine Nathe, RDH, MS- Division of Dental Hygiene/Dental Medicine faculty
WHAT WE DO

• Mobile RN wellness and health education clinic currently to 7 senior centers

• Clinics rotate sites and occur every Tuesday/Wednesday 8:30a-1p (monthly presence at each site)

• CON RNs and Nursing students provide assessment of current health parameters, current immunization status, medication review, and clinical education

• Examples: physical &/or mental evaluation, diabetes glucose testing, hypertension screening, care management and health education, medication review and education, nutrition, etc.

• Physical evaluations for Foster Grandparent and Senior Companion programs on request
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WHAT WE DO (CONTINUED)

• Student geriatric clinical education- all BSN CON Nursing students
• In past 4 years, growth includes inter-professional education (IPE) for College of Pharmacy and Division of Dental Hygiene students/faculty
• IPE has enabled expansion of core services to include more specialized medication review/education, and recently oral health
OUTPUTS FY 2018-2019

• ~650 unduplicated client visits completed
• ~40 Flu shots administered
• >1400 geriatric nurse-managed health care hours provided
• ~150 students (Nursing, Pharmacy, Dental Hygiene)
• New in GEHM for late Fall 2019: UNM Successful Aging Grand Challenge- World Health Organization iCOPE program (Integrated care for older people)
• iCOPE will add 5 new assessment domains, and additional IPE students/faculty (PT, OT, Speech/Language, Exercise Physiology, Nutrition, Nursing)
OUTCOMES FY 2018-2019

2019 CLIENT SURVEY

Question 2

Yes: No:

2. I am satisfied with services provided by GEHM clinic.

2019 STUDENT SURVEY

Question 5

5. This clinical experience allowed me to practice therapeutic communication.
WHY WE DO WHAT WE DO
GOALS

• Partnering with CABQ/Bernalillo County to provide quality RN-managed services to clients in community-based setting focused on service to seniors

• Provide early identification and referral to client’s treatment team as indicated

• Continue to integrate innovative services targeting increasing quality of life, client engagement, capacity to age at home, health education, home safety, and early identification and referral for further management

• Provide student clinical experiences with vibrant clients aging in community

• Increase student knowledge of community needs and resources
CONTACT INFORMATION

MICHELLE BRISCOE  768-2745
BRIAN ALVARADO  768-2079
AAA  768-2084

SERVICES  764-6400