## **CREATE & CONNECT**



...to seniors



stream it



broadcast it

Join us in a campaign to create and connect with New Mexicans living with disabilities and seniors across the state. We're all in this together and we want them to know they're in our hearts and minds!

## Broadcast or Stream It

Read your letter or take a picture of it and use the hashtag #CreateAndConnect
We will then share your videos and photos with seniors and New Mexicans living with disabilities. Don't forget to challenge your friends, neighbors, classmates and community to do the same!





Mailing Address: ALTSD Create and Connect Campaign 8500 Menaul Blvd. NE, Suite B-350 Albuquerque, NM 87112

## Send Your Letter

Your letter will be added to food boxes we're delivering across the state and sent to nursing homes. Please see the guidelines for instructions before writing and mailing your letters. Include your return address and your pen pal may write you back.





Thank you for helping connect with seniors during this difficult time